



PACT – Patient New Clinical Trial and Research

Trial title	A Randomised Clinical Trial of a digital Self-Management package for people with Interstitial Lung Disease (REBUILD-SM trial)
Trial synopsis	To find out if a smartphone application designed for people with ILD and a website that helps people with ILD better manage their condition will improve their quality of life, reduce their symptoms, anxiety and depression, and increase their physical activity levels and autonomy. We would also like to know if this intervention will help patients and the health care system reduce the cost of managing this condition over time.
Investigational medicinal product	N/A
Disease target	Interstitial Lung Disease
Sponsor	The University of Sydney
Duration	Intervention period of 12 weeks, with follow-up via the RE-BUILD app at 26 and 52 weeks.
Trial Status	Not yet recruiting
Lead site(s) in Australia	Royal Prince Alfred Hospital
Lead site(s) in New Zealand	N/A
Additional sites	The Alfred, Austin Health, The Prince Charles Hospital
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